



Are You Listening?

Take our short quiz and test your listening skills.

[Click to enter quiz](#)



***How does each of the following situations impact your listening ability?
If this never happens to you, rate it as a 0
seldom happens, rate it a 1
happens periodically, rate it 2
occurs frequently, rate it as a 3***

[Click to proceed](#)

How to score:

never happens to you, rate it as a 0

seldom happens, rate it a 1

happens periodically, rate it 2

occurs frequently, rate it as a 3

Are You Listening?

1. I am a quick-study; once I understand their message, I tune them out _____
2. I'd like to listen, but I am rushed from one thing to another _____
3. I am rehearsing my response or formulating my thoughts as they talk _____
4. I become distracted by my surroundings _____
5. I have too many things on my mind to accept new information _____
6. I lose interest or become bored _____

[Click to proceed](#)

How to score:

never happens to you, rate it as a 0

seldom happens, rate it a 1

happens periodically, rate it 2

occurs frequently, rate it as a 3

Are You Listening?

7. I get information I will not use or be responsible for _____
8. I find myself focusing on details such as their clothes and noises in the distance _____
9. I have more important things on my mind _____
10. I get confused by language, jargon, or issues I am not familiar with _____
11. I meet with people or talk on the phone in high traffic areas _____
12. I daydream _____

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How Did You Do?

Total ratings from each question. _____

Scoring	
0-5	You already have very good listening skills
6-15	You should work on two or three areas where you scored high
16 or more	You should develop an action plan which may include others areas besides listening, e.g., planning, prioritizing, stress management.

[Continue](#)

Eogogics Can Help Sharpen Your Skills

A wise man once said that there is a good reason why we have two ears and one mouth; we were meant to use them in that proportion. However, knowing we need to listen more, and better, is not enough. Leaders, especially those new in a position, have so many issues that need their attention that they find it hard to decide what's really important and how to listen to all that is important.

Research shows that poor listening ability is one of the most common stumbling blocks to supervisory success. ***Step up to Supervision, a two-day course from Eogogics Inc.***, can equip you with the “Listening Aids” you need to become a more successful liaison between your manager and your employees. This course will also help you sharpen your skills in the areas of communication, delegation, coaching, and modes of influence – which are the other ingredients of supervisory success!

[More About Eogogics](#)

Our Unique Instructional Style

- **Technology courses:** If you already know something about a topic (such as a related technology), we will build on that knowledge – comparing and contrasting what you already know with what you’re trying to learn. This makes new ideas easier to grasp as well as more relevant. If you are non-technical, we will use ingenious yet meaningful examples and analogies to break down the complexity and drive home the essential points.
- **Soft-skills courses:** We use exercises, case studies, simulations, role plays, and group activities to help you understand, apply, and practice the important tools and techniques taught in class.
- **In all of our courses,** you’ll experience some of the most authoritative yet enthusiastic and yes, entertaining, instruction available anywhere! The participant handbooks will provide you with refresher notes on what you learned in class plus reference materials and job aids that you can take right back to the workplace.

[Contact Us](#)

Thank You!

We look forward to see you in an upcoming training program. Contact us for details.



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